



Friday 12 May

Hello my name is Rob, and welcome to the STP update for this week.

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Our STP seeks to deliver the best possible outcomes for people in West Yorkshire and Harrogate, as well as the Five Year Forward View. We look at the whole person in local communities, from birth to death, head to toe, inside and out. We do this with a view to ensuring the artificial separation of physical and mental health from each other (and social care) is removed.

Perhaps in the future we won't need Mental Health Awareness Week and the work taking place to increase awareness and the importance of treating people with dignity, compassion and care, as we would any other illness. The week is a helpful reminder that most of us have experienced its effects either personally or through a loved one at some point in our lives. Mental health still leaves people with a fear of judgement and carries stigma even and more work needs to be done. The fact that mental health has been outlined as one of the four priorities in the '**Next steps on the NHS Five Year Forward View**' **NHS Five Year Forward View** shows the importance placed on the work.

Here in WY&H we are developing a Local Service Framework for mental health and strong collaboration on child and adolescent mental health services, forensics and suicide. Our STP ambitions include:

- A **40% reduction** in unnecessary A&E attendance
- A **zero suicide approach** to prevention (75% reduction in numbers by 2020-21)
- A **50% reduction** in Section 136 place of safety episodes both in police and health based places of safety
- **Elimination in Out of Area placements** for non-specialist acute care within 12 months
- A **reduction in waiting times for autism assessment.**

To help ensure that we meet these ambitions the four NHS trusts (South West Yorkshire Partnership NHS Trust, Leeds and York Partnership NHS Foundation Trust, Bradford District Care NHS Foundation Trust and Leeds Community Healthcare NHS Trust) are working collaboratively, alongside clinical commissioning groups, to strengthen partnerships and share delivery of specialist mental health services. Through these closer working arrangements we are determined to share best practice across the region, for example quickly reducing out of area placements for non-specialist hospital care over the next 12 months. We are already achieving this in some areas across the STP. We aim to keep people as close to home as possible when in crisis or in need of high quality specialist support. This is something that will form part of our delivery of the Mental Health Five Year Forward View, backed by real investment from CCGs and NHS England.

It is also [Dying Matters](#) awareness week, an event aiming to change public knowledge, attitudes and behaviour around dying, death and bereavement. They're promoting the hashtag #whatcanyoudo to get people thinking about how they can help someone cope with dying, coming to the end of their life, death or bereavement. Anyone who has ever been involved in end of life care will have experienced the relief brought about through the support of community nurses, therapists, social care colleagues, hospitals, GPs and hospices.

We often do a good job at the end of life in joining up services around the family. It's also worth noting the tremendous support of hospice volunteers who bring relief, care, and support whether through their life experience as a survivor of cancer, a carer, or from their expertise elsewhere. I

spent time with Tina Turner from Wakefield Hospice this week to talk about this, the power of harnessing communities and the connections to our STP.

What's been happening this week?

I met **Clare Duggan, the new NHS E North Regional Director for Transformational Change** on Tuesday. Clare will support us to make greater progress on the delivery of our STP. It was a helpful conversation and I'm looking forward to working closely with Clare on building support for change.

Whilst on the theme of regional working, Ian will be joining a call on 24 May 2017 with colleagues from other **STPs footprints within Yorkshire and the Humber** to consider the best way STP partnership arrangements can be moved forward in the region. It will be a good opportunity to share learning and best practice.

Working together was also the theme of the day when I met with the **STP 'core team'** on Wednesday. It was good to bring everyone together to discuss team objectives and system wide priorities. It struck me how much energy was in the room and what has been achieved in the past few months from a relatively small team. It's important to note that the team work across commissioners, care providers and local authorities. They are your team. Their role is to support, and offer helpful challenge, whilst providing clarity and focus around a system wide approach. The additional support coming forward from NHS E and the CCGs has been welcomed and this added to the positivism and energy in the room. What you will see over the coming months is access to a larger network and a wider breath of knowledge and skills to help us to move forward at pace together. We will circulate the capacity map for the programme next week so you can see who is who.

Our STP place-based planners met on Tuesday to discuss work taking place across the area. Ian gave colleagues an update on the appointment of the Independent Lay Chair for the Joint Committee which will meet for the first time in public in July. I'll let you know who this is once all the necessary HR checks have concluded. Stephen Gregg (governance) and Karen are meeting to discuss our approach to communications around the Joint Committee to ensure public transparency. Thanks to Joanne Poole, who joined the meeting to talk about how the Yorkshire and Humber Clinical Senate can support our place-based plans.

Our Programme Oversight Group met on Thursday to update on WY&H wide priorities, governance, reporting and metrics – as well as feedback from the Leadership Day, the social media strategy, engagement timelines and digital. This led to a good conversation around workforce, primary care and telehealth. Chris Mannion and Local Workforce Action Board (LWAB) colleagues are currently surveying part of the health and social care system for their views on registered and non-registered workforce priorities with the intention of informing LWAB work moving forward. Feel free to email CHRIS.MANNION@hdfn.nhs.uk for more information.

Welcome to Stephen Gregg from Leeds North CCG who joins the STP Core Team to work on Governance two days a week.

Have a good weekend

What's happening next week?

- The Urgent and Emergency Care Network Leadership meeting will take place on Monday.
- On Tuesday the STP System Leadership Executive will meet.

- West Yorkshire STP Primary Care & Community work stream meeting will take place on Tuesday.
- Next week the WYSTP communication and engagement group are meeting in Fieldhead and will be touring the mental health museum before their session.
- There is a meeting of stroke clinicians and specialist providers on Wednesday.

What's coming up?

- Kings Fund event - Building collaborative leadership programme is designed to give chief executives and senior directors time to develop strategies, skills, and behaviours to succeed in this evolving environment. Read more [here](#).
- Kings Fund - free live online events - How to run a [successful accountable care organisation](#) and [The role of housing in accelerating discharge from mental health care services](#) (please click on the links for more information).

For information

- Health advisor – interview with Rob [here](#)
- [HSJ \(£\)](#) consider what the general election means for the NHS including its sustainability and transformation work.
- The Health Foundation have released the second of three pre-election briefings - [Quality of care in the NHS](#) covers; waiting times for hospital treatments, care for patients with diabetes, psychological therapy for common mental health conditions and the speed and use of the most effective, best practice treatments.
- Widespread national coverage has been given to The Health Foundation's review of official NHS data between 2011-12 and 2016-17, which found longer waits for cancer, A&E and routine operations. The latest coverage from the BBC: [Hospital 'long-waiters' show sharp rise](#).
- Caring to change: how compassionate leadership can stimulate innovation in health care. The King's Fund published a paper last week outlining the four elements needed to create a culture where innovation thrives and how compassionate leadership fosters and encourages improved patient care. [Read the full report here](#).
- Last week the House of Commons Public Accounts Select Committee (PAC) published a report on the Better Care Fund. Read the full report [here](#).
- Social prescribing can not only help to deliver STPs, but can inspire a new way to develop local proposals, says Ellen Devine. She argues that social prescribing enables patients to have a stake in their own treatment, and that STPs are an opportunity to engage people on how they view and use the services around them. You can read Ellen's blog [here](#).
- Janet Davies, Chief Executive and General Secretary of the Royal College of Nursing, has written a blog setting out the benefits STPs can bring for patients and why it is important that nurses and their leaders be at the heart of partnerships. You can read Janet's blog [here](#).
- Sustainability and transformation partnerships are the "only show in town" writes Niall Dickson, Chief Executive of the NHS Confederation in *The Guardian*. Read more [here](#).
- Lancashire and South Cumbria's STP area is the latest to be profiled by the *HSJ*. Writer Alison Moore focuses on the work the STP is doing to tackle poor health through prevention. Read more [here](#).
- Hull CCG and Hull City Council are combining their budgets to form a £600 million health, social care, public health and children's services fund. Read more [here](#).
- STPs in many areas of the country have been working with local Healthwatch to strengthen public involvement in their work. We have produced a briefing showing some examples of the great work that's going on, available to view and download at: bit.ly/LHWSTPs.

- There are now five short guides to help providers and commissioners understand how to gain insight on patient and staff views of NHS services. These can help STPs as they develop their engagement with local people and communities, and continue to develop and implement their vision and work streams. The latest guides cover “Building greater insight through qualitative research” and “Helping people with a learning disability to give feedback”. Both guides offer simple tips on breaking through the jargon and engaging people more effectively to hear their views.

There are three other guides in the series: one covers what data are already available to local areas via the suite of national patient and staff surveys; another aids understanding of data on Patient Reported Outcome Measures (PROMs), a feedback tool where patients assess the benefit of certain elective surgeries such as hip and knee replacements; and the other gives advice on when and how to commission new insight. The full series is available on the [NHS England website](#).