

Friday 7 July 2017

This week's message is sent from **Rob Webster, West Yorkshire and Harrogate Sustainability Transformation Partnership Lead**. You can find out more about our STP [here](#).

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Hello my name is Rob and welcome to the STP message for this week.

**If a man is in touch with secondary mental health services they will generally live 19 years less than men who aren't, be three times more likely to use emergency services and are twice as likely to have a diagnostic treatment.** This evidence was presented at the leadership day this week on Tuesday. We also learned that people with mental health problems are more likely to smoke, abuse substances, have a chronic disease and live in poverty. This all falls into the category of being a shock but not a surprise. As the STP lead for WY&H I want us to move from tacit acceptance to action – we are not helpless and we know some of what works in meeting these issues. We treat people, not body parts and look at all of the issues contributing to a person's wellbeing.

**People with learning disabilities also have a shorter life expectancy and too often their potential is wasted.** Also at the STP Leadership meeting we heard about "Noel's story" – how Bradford District Care Trust worked with Leeds Teaching Hospitals Trust to deliver world class care for a cancer patient with autism. It was a fantastic example of how a personal approach to care delivers the outcomes that we need to see for the people we care for. It provoked a strong positive reaction from everyone and my thanks to Andrew Birkinshaw for presenting it to us. It was also a reminder that **if you get it right for people with learning disability you get it right for everyone.**

This was a theme from a conversation I had with the leaders that I spoke to on Tuesday night. All were excellent advocates for people with a learning disability. They were part of the 'Tomorrow's Leaders' course and were learning about values based leadership, prejudice, presumption and social conditioning. It was a challenging and positive event with great questions and insight. **Insight that can only come from having a learning disability – which each of the participants has.**

**It's always good to hear what people value about services – and tomorrow I will be spending time with children and families across Bradford at #Selfcareeverywhere.** This is part of the work of the STP and supported by NHS England and Bradford CCG. It's a free event for families and staff so come along if you are in Bradford. Details are [here](#).

**Children and young people make up nearly 25% of the population in England and 40% of all primary care activity relates to this group of people.** Of these, 15% have a long term condition, 6% have a disability, 50% of all mental health problems in adulthood start by age 14 and 700,000 are young carers. Yet the NHS has a narrative that is often dominated by a very adult view of the world. If, like me, you believe that we need to engage people in the design, delivery, assessment and innovation around health services, then you can see why we need to listen and work together with children and young people. They are our health and social care workforce of the future, potential community activists and all are NHS patients. You can read my NHS England blog [here](#).

**This work an important part of our STP focus on “harnessing the power of communities”**, seeing the people we serve as assets not problems. Working alongside ward councillors, council colleagues and the VCS is essential if we are to fully understand the real value of social prescribing, early help and preventing ill health. With the support of [Olivia Butterworth](#) from NHS England, two sessions, led by the excellent [Cormac Russell from Nurture Development](#), are planned for next week. WY&H programme leads, engagement workers, and colleagues from the VCS and Healthwatch have been invited. Further sessions targeted specifically at voluntary and community organisations will follow. This work is all about co-production and creating sustainable communities and anyone who has worked with Cormac knows they will be inspiring sessions.

**Of course, co-production, engagement and involvement can be tough and some of the people we care for protest strongly about our STP – which we saw at the first meeting of the Joint committee of the 11 CCGs this week.** In the interests of being open, honest and transparent, the meeting was held in public and live-streamed. Local people did attend and those from Kirklees had very strong views on what is happening in the healthcare sector. Behind their anger at proposed changes to Huddersfield Royal Infirmary – which are not the business of the Committee – was a genuine engagement with the NHS and a desire to support it. I hope people are as exercised about the shorter, poorer lives that people with learning disabilities and mental health issues have so we move to being surprised when confronted with the reality.

**Those of you who attended the meeting, in whatever format, will know that we have begun engagement on our WY&H stroke services.** Dr Andy Withers, Jo Webster and Rory Deighton gave an update on the strategic need for change, our current position and findings from the engagement work which took place in February and March 2017. The engagement work, led by Healthwatch, shows the benefits of an STP that engages people in the development of its plans. By listening to people in our communities and working across the whole system, we can look at improving all aspects of stroke care – from prevention to emergency treatments and through to after care. You can see the importance of this by watching a [short film](#) about Malcolm and Sue’s personal experience of stroke.

More information on stroke is available [here](#) and you can watch the film of the Joint Committee meeting via this [link](#).

**The Local Government Association Annual Conference** took place in Birmingham with over 400 councils represented covering public health, education, highways, regeneration, prevent and devolution etc. Key note speakers included our own Merran McRae (Wakefield Council CEO) and Simon Stevens (CEO for NHS England). Together they led a Council chief executive session on the role of local government in delivering health and wellbeing outcomes for whole communities. Our STP is nothing without Local Authority Leadership. That’s the case in every place I work as a Trust CEO – and the national system can undervalue the connections we all have at a local level. In my experience they are real, they are material and they matter.

**Over the coming months we will be meeting with local council leaders as part of the West Yorkshire Local Authority Health and Care Consultative Forum to discuss the next steps of our STP and to ask how best we can keep them involved in key decisions that impact on the health and care of everyone living across WY&H.** I for one can’t wait.

Have a good weekend

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## Weekly update

### Clinical Forum

The Clinical Forum met on Tuesday and clinicians received an update from Shane Haywood-Giles on integrating [NHS RightCare](#) packs into the work of the STP. What's useful about the packs is the ability to look at both local and regional data all in one place, for example demographics of different population groups, deprivation figures, smoking quit rates and obesity reported etc. It also identifies further opportunities to work together to improve people's health.

**Genomics was also discussed.** Very topical at the moment with Radio 4 covering this very issue on Tuesday morning. Julie Atkey from [Yorkshire and Humber Genomics](#) gave a fascinating overview of this specialist area of work. The speed and cost of technology has opened up the potential of genomic medicine and brought it within reach of mainstream healthcare. In order to bring the predicted benefits of genomics to NHS patients, the 100,000 Genomes Project was launched in 2012. This is a transformational project with a focus on people and their families with a rare disease.

To date over 1000 people living in our region, including people with cancer have been recruited into the project. The aim is to make the use of genomic information an integral part of patient care across various clinical specialties in all parts of our region. Clinicians are keen to hear more about how this could transform practice and two members of the forum will work closely with Julie and her colleague Dr Judith Haywood over the coming months to look at how this can become a reality.

### West Yorkshire Association of Acute Trusts (WYAAT)

Leaders from the six hospitals across the area met this week to discuss the work on vascular (disorders of the arteries, veins and lymphatic vessels), IT and pharmacy supply chains. More information about our hospitals working together will be included in next week's update.

### System Executive Leadership Group

The System Executive Leadership Group is made up of representatives across all our key partner sectors, including hospitals, clinical commissioning groups and councils. They met on Tuesday to discuss the finance strategy for the STP and the development of a model to allow finance, efficiency, workforce, performance and patient activity flows to be better understood. Innovation and good practice was also on the agenda and an update on the work which Matt Ward and other colleagues have been doing was covered. This includes looking at how we focus innovation and improvement resources across stroke, care homes and planned care.

### The Leadership Session

Our health and care leaders meet once a month for two hours. This week Nicola Lees, CEO for Bradford District Care Trust, discussed the impact mental health concerns have on a person's physical health. Nicola demonstrates the quality of care that can be achieved when different organisations work together to create a person-centred support plan. She did this through a real life case study, highlighting how the commitment of 15 professionals from 5 organisations turned a person's life upside down for the better.

There was also a presentation from Leaf Mobbs, Director of Planning and Development from Yorkshire Ambulance Services on their national direction of travel, the Yorkshire and Humber perspective and ask of WY&H STP.

Dr Adam Sheppard and Keith Wilson updated the group on the work of urgent emergency care (UEC) and in particular the links to the 'Next Steps on the NHS Five Year Forward View (5YFV)', which sets the direction for priority programme areas and STPs.

UEC is one of the main NHS national service improvement priorities and we were required to submit an Urgent and Emergency Care Milestone Tracker to NHS England / NHS Improvement by 23 June 2017.

A delivery plan is being developed over the next few weeks and this will underpin delivery of the milestones. The UEC Network has now reconstituted as the UEC Programme Board to oversee delivery of the plan. It's important to note that this is not a performance management function. Instead we will be exploring peer to peer reviews of certain areas of work to help mutually support each place to deliver realistic targets.

### Yorkshire and Humber Equality and Diversity Network (E&D)

Ian, along with colleagues from SYB and HCV STPs met with E&D colleagues on Wednesday to talk about the strategic advice and guidance available to support the WY&H level work. This work has a crucial role to play in ensuring we are meeting the needs of everyone across the area. The conversation focused on the importance of building in equality, diversity and health inequalities insight early enough so that it can really help shape the programme design. The group offered to be an expert resource to STPs – and will support us in identifying people and evidence to help shape our thinking.

### What's happening next week?

- The six local place based planners will meet on Tuesday.
- WY&H programme leads will meet on Thursday
- The first of a series of Harnessing the Power of Communities workshops take place next Wednesday and Friday.
- NHSConfed are delivering social media training to our priority leads on Friday. This will enable them to support the social media plan which includes launching a STP twitter account in the next few weeks.

### What's coming up?

- Fatima Khan-Shah, Joint Committee of the 11 CCGs lay member and carer ambassador will present on carers support at the Patient First Conference in November.
- The Regional Lay Member Assurance Group will meet in July.
- Kate Henry (South West Yorkshire Partnership Foundation Trust) and Ian Holmes are working with colleagues, including Victoria Better from mHabitat, to plan a digital pathway event on Friday 28 July, 1-4pm at Laura Mitchell Health and Wellbeing Centre, Great Albion Street, Halifax, HX1 1YW. The event will focus on hearing and visual impairments. To book a your place please email [laura.kirkbride@wakefieldccg.nhs.uk](mailto:laura.kirkbride@wakefieldccg.nhs.uk)

### For information

- STP survey of councillors' full report can be viewed [here](#).
- Conference to look at a strategy for improving population health – 6 February 2018, London. More information is [here](#).
- Public Health England (PHE) has launched a 'Be Clear on Cancer' campaign in Yorkshire and Humber urging people to see a doctor if they are getting out of breath doing things they used to be able to do or if they've had a cough for three weeks or more, as these are symptoms of lung cancer, lung disease and heart disease. Please see the press release attached and find resources and materials to take part in the campaign on the [PHE Campaign Resource Centre](#)
- The workforce programmes of the STPs are supported through Local Workforce Action Boards (LWABs) which ensure that decisions about the health and social care workforce take place in the right place at the right time with the right people. The LWABs are working closely with health and social care providers and commissioners around the workforce elements of the STPs.

The LWAB for West Yorkshire and Harrogate is jointly chaired by Mike Curtis, - Local Director for Health Education England working across Yorkshire and the Humber, and Dr Ros Tolcher, Chief Executive of Harrogate and District FT. For more information about the LWAB and/or to be added to a distribution list for communications, please contact [lwabs.yh@hee.nhs.uk](mailto:lwabs.yh@hee.nhs.uk).

- [Being mindful of mental health](#) - this report sets out the important role councils play in supporting the mental wellbeing of their communities. It calls on Government to use the reform of any mental health legislation to prioritise mental wellbeing, the prevention of mental ill health and the delivery of ongoing support.
- A new pack of engagement and communications resources are now available from the Sustainability and Transformation Partnerships (STP) communications team. The resources include many useful items including an online booklet which lists all the STPs and headline messages from each area. There is also a fact file filled with useful information on STPs for press releases, presentations and other communications. All the resources have been accessed by Karen Coleman. If you would like access to any of the resources contact [karen.coleman2@wakefieldccg.nhs.uk](mailto:karen.coleman2@wakefieldccg.nhs.uk)
- Royal College of General Practitioners' (RCGP) webinar – 12 July. Join the [first webinar](#) from the RCGPs General Practice at Scale programme on '[GPs working in accountable care organisations](#)' on Wednesday 12 July 2017 between 1pm-2pm. It will cover the ways in which GPs can participate with new care models and the implications for practices. Facilitated by Dr Rebecca Rosen, Senior Fellow at the Nuffield Trust, the panel will feature Ed Waller, Head of New Business Models at NHS England and GP colleagues with first hand experiences of working in areas where accountable care organisations are being implemented. Contact [GPatScale@rcgp.org.uk](mailto:GPatScale@rcgp.org.uk) for more information about the General Practice at Scale programme.
- HSJ article - [A legal word of caution before the STPs are rolled out](#).