

A Guide for using Cognitant “Kidney Essentials” Resource

GP Pack

V1.5

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1. Purpose of this Pack

The purpose of this GP Pack is to provide practices with information about the Cognitant “Kidney Essentials” web resources and a detailed/step by step guide on how to access and use the resource.

To ensure optimal engagement /use within the 12month licence period to inform value added assessment and determine if indication exists to fund on an ongoing licencing agreement basis.

2. Introduction

Cognitant Kidney Essentials is an interactive web resource for patients to learn about chronic kidney disease (CKD), how to manage the condition, and what to expect if you have been diagnosed. This content has been produced in partnership with healthcare professionals and patients and is available in multiple languages.

CKD affects over 3.5 million people in the UK, and it is projected that this will increase to over 4 million by 2030. Often general symptoms are not apparent or diagnosed until a later stage. There is a clear need to proactively educate populations with early stages of CKD.

3. Rationale

The early stages of CKD (stages 1-3) are managed within primary care and monitoring of patients with a diagnosis of CKD is an essential component of the NICE (2021) CKD guidance (NG203) to facilitate a patient’s on-going optimisation of care. Educating patients to have a better understanding of early CKD will help patients understand their diagnosis and have a better awareness of how to manage the condition.

Patient and Primary Care Benefits and Outcome:

- Improved patient knowledge and self-management.
- Increased access to information on CKD to populations more at risk of health inequalities.
- Minimised workload associated with patient education on CKD.

4. Guidance on using Kidney Essentials - Access via clinical systems and patient portal

4.1 Ardens Sharepoint (S1)

The Resources can be accessed via – CKD template – resources tab – links to local guidance (Ardens Sharepoint) – S1 & Emis Ardens resources.

<https://www.healthinote.com/ckd-wyk>

Cholesterol-and-medication-wlmc-V2.2023.pdf

- [https://www.calderdalecares.co.uk/wp-](https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/Cholesterol-and-medication-wlmc-V2.2023.pdf)

[content/uploads/Clinical_documents/Cholesterol-and-medication-wlmc-V2.2023.pdf](https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/Cholesterol-and-medication-wlmc-V2.2023.pdf)

Kidney-Essentials-leaflet_page1_W-Yorks-1.png

- https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/Kidney-Essentials-leaflet_page1_W-Yorks-1.png

Kidney-Essentials_flyer_W-Yorks-1.png - https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/Kidney-Essentials_flyer_W-Yorks-1.png

Kidney-Essentials-leaflet_page2_WYorks-1.png

- https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/Kidney-Essentials-leaflet_page2_WYorks-1.png

Statinsdraftjune2024version2.pdf - https://www.calderdalecares.co.uk/wp-content/uploads/Clinical_documents/statinsdraftjune2024version2.pdf

The above links have been added to the S1 & Emis CKD local template to provide clinicians with information leaflets they can share with patients via SMS or email.

Chronic Kidney Disease.

Home | Diagnosis | Review | Referral | Notes | **Resources**

Chronic Kidney Disease - Resources



The

Patient For further information about chronic kidney disease, please see:
<https://www.nhs.uk/conditions/kidney-disease/>
<https://patient.info/kidney-urinary-tract/chronic-kidney-disease-leaflet>
<https://www.thinkkidneys.nhs.uk/ckd/information-for-the-public/>

Leaflet given  Send Message To send, highlight text > Copy Ctrl+C > Click Send Message > Paste Ctrl+V

Professional

-  [NICE](#)
-  [UKKA](#)


 Local Guidance

Home pages of the communications templates – Calderdale example below:

Communications - Calderdale

Home | Admissions | Suspected Cancer | Susp. Cancer - Bradford | Susp. Cancer - Burnley | Rapid Access | eReferral | Referral...


Communications - Calderdale








Select











Admission	EBI
Suspected Cancer	IFR
Susp. Cancer - Bradford	Private
Susp. Cancer - Burnley	Letters
Rapid Access	
eReferrals	
Referral Directory A-H	
Referral Directory I-O	
Referral Directory P-Z	

NOTICE: Remember to remove any information that is not required on the referral form as appropriate

 [Vascular Pathways](#)












-  Possible PAD
-  PAD
-  Possible AAA
-  AAA
-  Wound Management

Other

 Contact Details	 NOID Referral	 EOL Wellbeing	 Older Persons Wellbeing...
 Guidance & Contracts	 Problems & Summary ...	 Lifestyle Wellbeing	
 Med3 & Letters.	 Referral Review	 Mental Wellbeing	

This links to the place local guidance sharepoint – with document/links being in the Kidney folder.


Documents > Calderdale Place > Guidance 

Name 	Modified 
 Kidney	 A few seconds ago
 Vascular Pathway 2020	April 22, 2022
 Yorkshire Smokefree Champions area welcome registration and login instructions	August 2, 2022
 2ww Prostate Leaflet.pdf	June 16, 2021
 3101a Breast pain clinic leaflet.docx	June 20, 2022
 Acne_pathway_2__Kirklees.pdf	July 10, 2020
 Allergy pathway NUTH v2.4 KH 260521.docx	May 27, 2021
 COVID-ptRehabGuide_Feb2021.docx	April 15, 2021

4.2 SystemOne:

Chronic Kidney Disease LTC

CKD Homepage | Diagnosis & Review | Medication & Patient Info | Frequency of Monitoring | Referral | CCSP Goals | Guidance/References

Chronic Kidney Disease 

Diagnosis & Review

Medication & Patient Info


Frequency of Monitoring

Referral

CCSP Goals

CCSP- Appt 1 Information Gathering

Chronic disease initial assessment

 Patient info/letter for Review Appt

CCSP- Appt 2 Review/Care Plan

Chronic disease management annual review

Invite for CCSP Review (1st, 2nd or 3rd invite)

Declined CCSP annual review

CKD view cannot be shown when previewing a template

Web Links

- [WY CKD Guidance](#)
- [Do you have CKD? Info](#)
- [CKD Patient Info P1](#)
- [CKD Patient Info P2](#)

Quick actions

- Appointment Ledger
- Free Slot Search
- New Recall
- Visits
- Messaging...
- New Task...
- Scheduled Task
- Send SMS Message
- New Coded Entry
- Patient Consultation
- Automatic Consultation
- Path Results-View
- Path/Radiology Request

Chronic Kidney Disease LTC

CKD Homepage | Diagnosis & Review | Medication & Patient Info | Frequency of Monitoring | Referral | CCSP Goals | Guidance/References

Medication Review

Renal disorder medication review Tick for CKD Pilot & SGLT2 Started

ACEI	<input type="text"/>	<input type="text"/>
ARB	<input type="text"/>	<input type="text"/>
SGLT2i	<input type="text"/>	<input type="text"/>
Statins	<input type="text"/>	<input type="text"/>
Antiplatelet	<input type="text"/>	<input type="text"/>
Finerenone	<input type="text"/>	<input type="text"/>

Structured medication review

Hypertension medication review

Information given re sick day rules

Medication counselling (for SGLT2)

Medication Advice

CKD Plan

Web links

- [WY CKD Guidance](#)
- [SGLT2i guidance](#)
- [SGLT2i Easy Read](#)
- [LHP Statins guidance](#)
- [Chol/Statins Patient info](#)
- [What are statins?](#)

Quick actions/tools

- Appointment Ledger
- Free Slot Search
- New Recall
- New Task...
- Scheduled Task
- Send SMS Message
- New Coded Entry
- Patient Consultation

4.3 EMIS

EMIS: Leeds EMIS (Leeds ICB Central 27491 > ICB 2024 Templates/Protocols (SNOMED) > Renal > Chronic Kidney Disease LTC)

Pages << Chronic Kidney Disease LTC

CCSP Codes

Diagnosis & Review

Medication & Patient Info

Frequency of Monitoring

Referral

[WY CKD Guidance](#)

[Do you have CKD? Patient Info](#)

[CKD Patient Info P1](#)

[CKD Patient Info P2](#)

Chronic Kidney Disease codes 1-2 No previous entry

Chronic kidney disease (CKD) codes 3-5 No previous entry

Chronic kidney disease annual review No previous entry

O/E - blood pressure reading / No previous entry

Pulse rate [beats/min](#) No previous entry

Body weight kg No previous entry

Waist circumference cm No previous entry

Standing height cm No previous entry

Pages << Medication & Patient Info

CCSP Codes

Diagnosis & Review

Medication & Patient Info

Frequency of Monitoring

Referral

Renal disorder medication review No previous entry

Please tick the below for CKD Pilot & SGLT2 Started:

[West Yorkshire CKD Guidance](#)

ACEI No previous entry

ARB No previous entry

SGLT2i No previous entry

[SGLT2i guidance](#)

[SGLT2i Easy Read](#)

Statins No previous entry

[Cholesterol Lowering Medication-Statins Patient info](#)

[What are statins?](#)

EMIS for CKW: Ardens Pro Documents / Referral Forms / Pathways and Patient Info / Info – link to Pathways and Guidance documents

4.4 Assist GP (Bradford)

To Access Assist in a patients record click on the green A In the patients demographic box.



assist

GP

built by GPs for GPs working across Bradford, Airedale, Wharfedale & Craven

Help
Email team
Search
Community Refs & Gateways
Universal Referral
Everything else
Digital Resources | Guides
Assist legacy screen
Draft pathways

A A to Z

E Care of the Elderly

I Immunology & Allergy

O Ophthalmology

S Safeguarding

C Cancer | 2ww

ENT

Infectious Diseases

Obstetrics

Sexual Health

Cardio | Cerebrovascular

G Gastro | Hepatology

M Mental Health & LD

Pain Management

Surgery & Vascular

Complex Care | Planning

Genetics

MSK & Rheumatology

Palliative Care

Diabetes & Endocrinology

Gynaecology

Neurology

Paediatrics

Dermatology

H Haematology

Nutrition

Urology

Dentistry & OMFS

R Respiratory

Urgent Care | ACU

Assist Me QuickClix & Favourites ★

- 2ww Referrals
- Diagnostics
- Request RADIOLOGY | USS | MRI | CT | DXA
- Upper GI Endoscopy
- MSK Referrals
- e-Consults
- Midwife (BTHFT) ✉ Email Referral
- Mental Health Referrals (incl. MyWellbeing info.)
- Generic or Acute Referral Letter
- Antimicrobial guide (NICE) Rx Your Infection PIL
- FCP (Physio use)

Palliative Care & Death

- EPaCCS
- ReSPECT
- Prescribe anticipatory medication
- DS1500
- Fast Track Funding Tool (Palliative Care)
- Death, Cremation, Certification, ME & Coroner

Care Homes, Planning & ReSPECT

- ReSPECT Goldline My Care 24
- COVID19 Console+Resource
- Care Homes Ward Round
- SMR

COVID 19

- COVID-19 RED&BLUE and TRIAGE
- COV-19 Management Info and refer CMDU
- Covid Oximetry at Home
- COVID19 Console+Resource
- COVID-19 Resource COVID19 Codes
- Long COVID COVID-19 Dashboard

CCG Programmes

- CLICs RIC Programme
- Ukrainian refugee resettlement scheme ★

DQ & Reports

- DQ 20/21 Reports Guide

MENUBAR

- System viewer
- Journal pop-up
- GP Companion
- My Wellbeing
- Care Plans
- Drug & Alcohol
- Prescribing
- Paed. QuickPx
- ORCHA ! RAP
- TOP TIPS

NEPHROLOGY Pathways & Referrals

PATHWAYS

A - Z NEPHROLOGY PATHWAYS

BTHFT Renal Pathways

USEFUL GUIDANCE

Hyperkalaemia Guidance

WY CKD Nephrology Guidance

CKD Patient Resources

REFERRALS

SERVICE INFORMATION

Local Services provided by :

AGH
BTHFT

REFER NEPHROLOGY

MENUBAR

- System viewer
- Journal pop-up
- Medication Hx
- Results
- Letters & Refs
- NICE Nephrology
- PATHWAYS
- DATASETS
- PLCV / EBI *
- IMAGING
- DIAGNOSTICS
- TOP TIPS
- ACTION**
- ERS
- ERS Ref.
- eCONSULT
- New Task
- Sched.Task
- Send SMS

* PLCV - procedures of limited/no clinical value
EBI - evidence based interventions

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MENUBAR

- System1 viewer
- Journal pop-up
- Medication Hx
- Results
- Letters & Refs
- NICE Nephrology**
- PATHWAYS
- DATASETS
- PLCV / EBI *
- IMAGING
- DIAGNOSTICS
- TOP TIPS

ACTION

- ERS
- ERS Ref.
- eCONSULT
- New Task
- Sched.Task
- Send SMS

The menu bar is interactive so the idea is once the clinician accesses the Nephrology home page they can access different parts of the pts record. For example, they can look at the patients full record, view their medication, check results and previous referrals, etc.

BTHFT Renal Pathways

BTHFT Nephrology E-Consult

Nephrology Electronic Advice Service

Before using this service, please ensure that you have reviewed the Specialty Specific Guidance: [Nephrology Specialty Specific Guidance](#)

It may also be useful to remind yourself of relevant guidelines from NICE

- [NICE: CKD in Adults Assessment & Management 2015](#)
- [PACE CKD Guidelines 2011](#)
- [CKD Managing Anaemia 2015](#)
- [NICE Pathways CKD Overview](#)
- [Map of Medicine](#)
- [Immunisation against Infectious Disease-Green Book](#)
- [Management of Hypertension in Adults 2015](#)
- [Detection-Monitoring-Care-of-Patients-with-CKD-5th](#)
- [Think Kidneys](#)

Do NOT use this service for acutely ill or urgent cases.
The target time for replying to your request for advice is 5 working days.

Section 2 - Record Sharing Consent:

You MUST use the button below to record Sharing In and Sharing Out for this patient at this unit.

For this e-Consult request to be processed this patient must consent to Sharing In and Sharing Out at the specialist's unit. Please tick the box below to confirm that you have explained this to your patient.

*Consent given to share patient data with specified 3rd party

Section 3 - Create the e-Consult request:

Use the button below to send an eConsult to Nephrology
Please note: in the Referral Narrative free text box it is sufficient to type "See Journal Entry dated dd/mm/yy" provided you have made a coherent journal entry

Event Details | Information | Print | Suspend | Ok | Cancel | Show Incomplete Fields

CKD Patient Resources

ASSIST Nephrology Patient Resources

Lifestyle Info

NHS Chronic Kidney Disease - Patient Information Resources

The NHS West Yorkshire Integrated Care Board has created patient information Resources to explain what is Chronic Kidney Disease (CKD), Advice for Cholesterol and Cholesterol Lowering Medication – Statins and Kidney essentials resources.

You can email or text the CKD statin and Kidney Essentials Resources direct to your patient. Highlight the text in the box - Right click 'copy' then click 'Send SMS' or 'Send Email' & paste into the message box then send to patient. You can copy all three links in to one email or SMS. Alternatively click on 'View/Print' to view or print a paper copy

- WHAT IS CHRONIC KIDNEY DISEASE (CKD)**
What is Chronic Kidney Disease (CKD) = <https://1drv.ms/l/s!ArhHgu2Wf1M41OrYddfUANGIc8?e=xbdSI3>
- CHOLESTROL AND STATINS ADVICE**
Cholesterol and Statins Advice = <https://1drv.ms/b/s!ArhHgu2Wf1M41LQHlyJ4Zlw9tu?e=9ITICY>
- KIDNEY ESSENTIALS RESOURCES**
Kidney Essentials Resources = <https://1drv.ms/l/s!ArhHgu2Wf1M41Tu96q2g8nLr7p9?e=8haVgf>

5 Sharing the resource - Patient Text Template

You may use the following text to add to your patient clinic letters or patient alerts:

Use this interactive guide to learn about chronic kidney disease (CKD), how to manage the condition, and what to expect if you have been diagnosed. This content has been produced in partnership with healthcare professionals and patients and is available in multiple languages.

<https://www.healthinote.com/ckd-wyk>

6 Instructions on how to access Kidney Essentials resources via QR code or weblink for patients

Please follow this link to access a document which offers simple instructions on how to access the Cognitant Kidney Essentials chronic kidney disease education resources. **(See *instruction poster on next page*)**

Feedback from clinicians and patients is that when accessing for the first time using the link/QR code – patients are taken to a page with a message asking to choose “log in” or “continue without login”. You do not need a log in to access the resources, therefore, click “continue without login”.

7 Instruction Poster - "How to Access Kidney Essentials" for Patients

HOW TO ACCESS KIDNEY ESSENTIALS

SCAN THE QR CODE OR VISIT:

www.healthinote.com/ckd-wyk

YOU WILL BE TAKEN TO THE BELOW PAGE:

NHS
NHS West Yorkshire
Integrated Care Board
YORKSHIRE & HUMBER
Health Yorkshire

Kidney Essentials, Chronic Kidney Disease

Learn how your kidneys work, what tests are used, what treatments and medications are available and how you can improve your health.

Available in multiple languages on mobile and web.
English Polskie ਪੰਜਾਬੀ नेपाली اردو



To access interactive information, scan the QR code or visit www.healthinote.com/ckd-wyk

Here you will find...

- reliable information on tests, treatment, staying healthy and more
- material developed with kidney doctors and specialists to support your understanding
- links to further support



healthinote



Welcome to Healthinote

Log in **Get started without log in ->**

YOU DO NOT NEED A LOG IN.

CLICK "GET STARTED WITHOUT LOGIN" TO ACCESS THE RESOURCES.