# A Guide for using Cognitant "Kidney Essentials" Resource

GP Pack V1.5

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#### 1. Purpose of this Pack

The purpose of this GP Pack is to provide practices with information about the Cognitant "Kidney Essentials" web resources and a detailed/step by step guide on how to access and use the resource.

To ensure optimal engagement /use within the 12month licence period to inform value added assessment and determine if indication exists to fund on an ongoing licencing agreement basis.

#### 2. Introduction

Cognitant Kidney Essentials is an interactive web resource for patients to learn about chronic kidney disease (CKD), how to manage the condition, and what to expect if you have been diagnosed. This content has been produced in partnership with healthcare professionals and patients and is available in multiple languages.

CKD affects over 3.5 million people in the UK, and it is projected that this will increase to over 4 million by 2030. Often general symptoms are not apparent or diagnosed until a later stage. There is a clear need to proactively educate populations with early stages of CKD.

#### 3. Rationale

The early stages of CKD (stages 1-3) are managed within primary care and monitoring of patients with a diagnosis of CKD is an essential component of the NICE (2021) CKD guidance (NG203) to facilitate a patient's on-going optimisation of care. Educating patients to have a better understanding of early CKD will help patients understand their diagnosis and have a better awareness of how to manage the condition.

#### **Patient and Primary Care Benefits and Outcome:**

- Improved patient knowledge and self-management.
- Increased access to information on CKD to populations more at risk of health inequalities.
- Minimised workload associated with patient education on CKD.

## 4. Guidance on using Kidney Essentials - Access via clinical systems and patient portal

#### 4.1 Ardens Sharepoint (S1)

The Resources can be accessed via – CKD template – resources tab – links to local guidance (Ardens Sharepoint) – S1 & Emis Ardens resources.

#### https://www.healthinote.com/ckd-wyk

Cholesterol-and-medication-wlmc-V2.2023.pdf

- <a href="https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Cholesterol-and-medication-wlmc-V2.2023.pdf">https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Cholesterol-and-medication-wlmc-V2.2023.pdf</a> Kidney-Essentials-leaflet\_page1\_W-Yorks-1.png
- <a href="https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Kidney-Essentials-leaflet\_page1\_W-Yorks-1.png">https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Kidney-Essentials-leaflet\_page1\_W-Yorks-1.png</a>

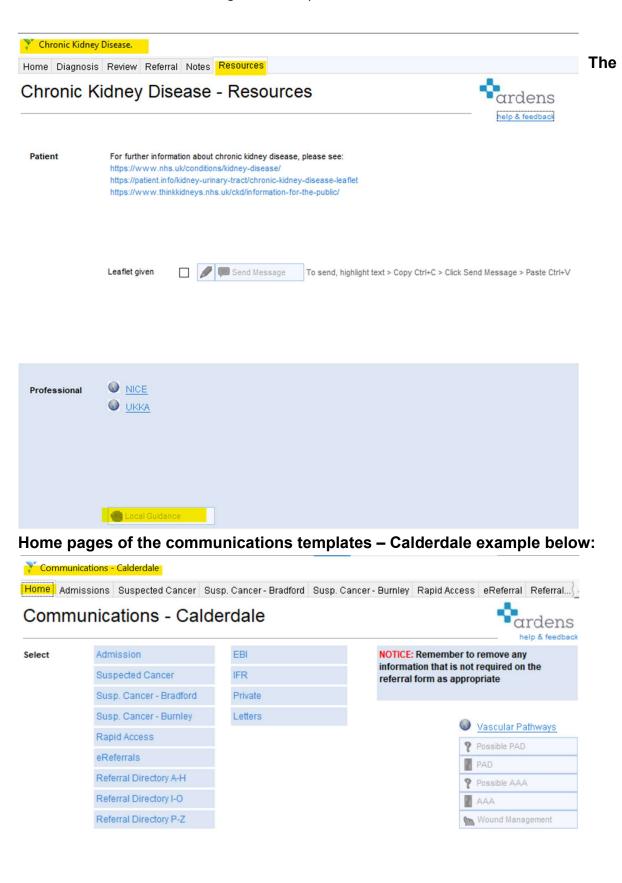
Kidney-Essentials\_flyer\_W-Yorks-1.png - <a href="https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Kidney-Essentials\_flyer\_W-Yorks-1.png">https://www.calderdalecares.co.uk/wp-content/uploads/Clinical\_documents/Kidney-Essentials\_flyer\_W-Yorks-1.png</a>
Kidney-Essentials-leaflet page2 WYorks-1.png

- <a href="https://www.calderdalecares.co.uk/wp-content/uploads/Clinical documents/Kidney-Essentials-leaflet page2">https://www.calderdalecares.co.uk/wp-content/uploads/Clinical documents/Kidney-Essentials-leaflet page2</a> WYorks-1.png

Statinsdraftjune2024version2.pdf - <a href="https://www.calderdalecares.co.uk/wp-content/uploads/Clinical">https://www.calderdalecares.co.uk/wp-content/uploads/Clinical</a> documents/statinsdraftjune2024version2.pdf

The above links have been added to the S1 & Emis CKD local template to provide clinicians with information leaflets they can share with patients via SMS or email.

Other



Contact Details

Guidance & Contracts

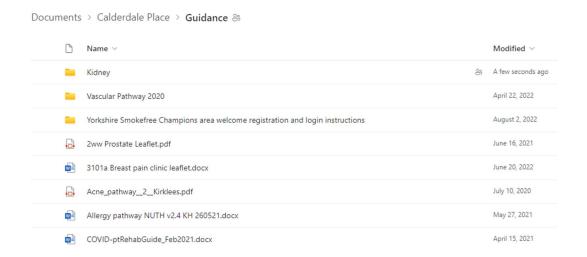
Problems & Summary ...

Med3 & Letters.

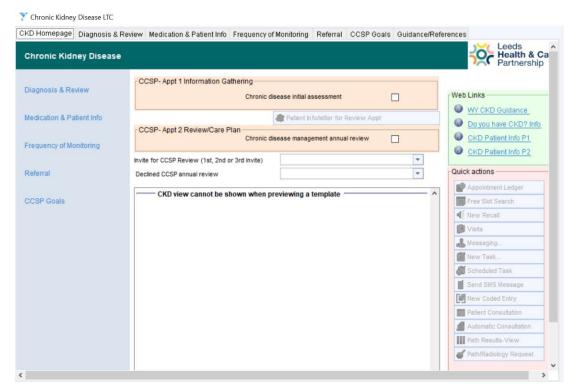
Med3 & Letters.

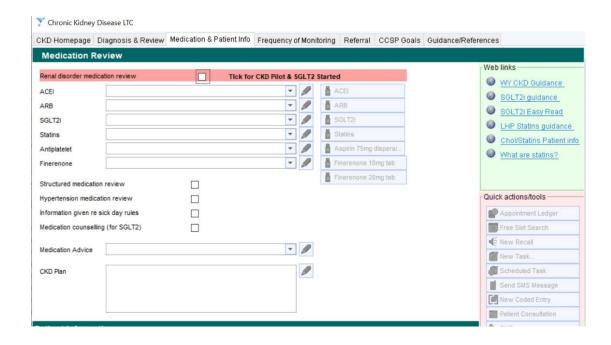
Mod Med3 & Letters.

## This links to the place local guidance sharepoint – with document/links being in the Kidney folder.



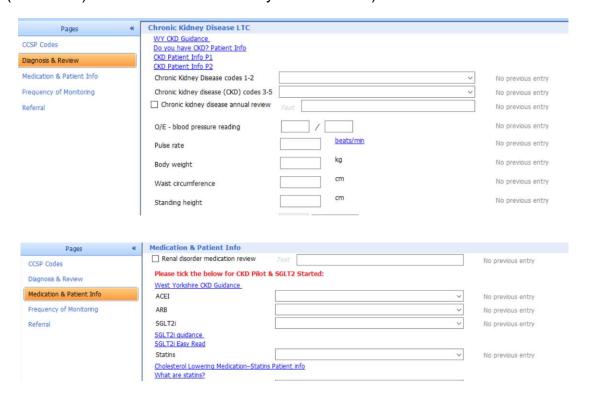
#### 4.2 SystmOne:





#### **4.3 EMIS**

**EMIS**: Leeds EMIS (Leeds ICB Central 27491 > ICB 2024 Templates/Protocols (SNOMED) > Renal > Chronic Kidney Disease LTC)

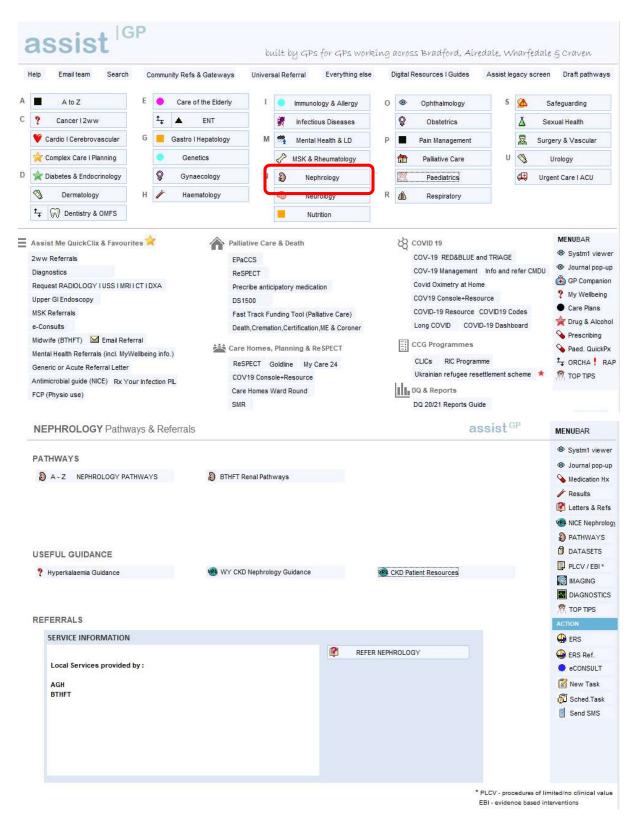


**EMIS for CKW:** Ardens Pro Documents / Referral Forms / Pathways and Patient Info / Info – link to Pathways and Guidance documents

#### 4.4 Assist GP (Bradford)

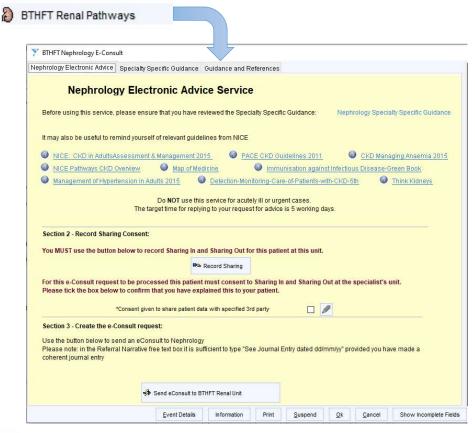
To Access Assist in a patients record click on the green A In the patients demographic box.

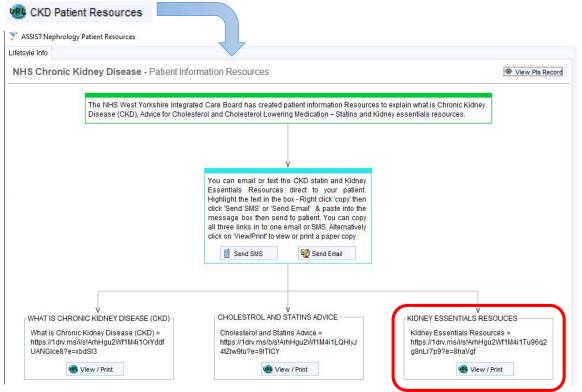






The menu bar is interactive so the idea is once the clinician accesses the Nephrology home page they can access different parts of the pts record. For example, they can look at the patients full record, view their medication, check results and previous referrals, etc.





#### 5 Sharing the resource - Patient Text Template

You may use the following text to add to your patient clinic letters or patient alerts:

Use this interactive guide to learn about chronic kidney disease (CKD), how to manage the condition, and what to expect if you have been diagnosed. This content has been produced in partnership with healthcare professionals and patients and is available in multiple languages.

https://www.healthinote.com/ckd-wyk

## 6 Instructions on how to access Kidney Essentials resources via QR code or weblink for patients

Please follow this link to access a document which offers simple instructions on how to access the Cognitant Kidney Essentials chronic kidney disease education resources. (See instruction poster on next page)

Feedback from clinicians and patients is that when accessing for the first time using the link/QR code – patients are taken to a page with a message asking to choose "log in" or "continue without login". You do not need a log in to access the resources, therefore, click "continue without login".

#### 7 Instruction Poster - "How to Access Kidney Essentials" for Patients





YOU <u>DO NOT</u> NEED A LOG IN.

CLICK "GET
STARTED
WITHOUT LOGIN"
TO
ACCESS THE
RESOURCES.