

If you require this information in other languages, Braille, large print, or audio format please contact The Podiatry Service.



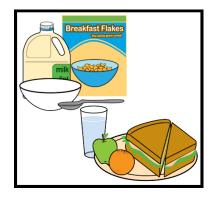
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.



This leaflet will tell you about toenail surgery.

These are things to do before your toenail surgery...



Make sure you eat breakfast or lunch.

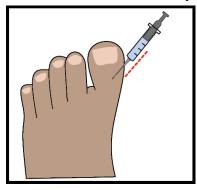


Bring any medications you are taking to the appointment

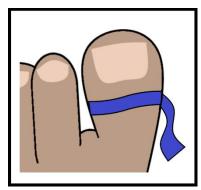


Bring open toe sandals to your appointment.

This is what happens during the toenail surgery...



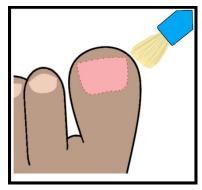
You will have an injection in your toe to put your toe to sleep.



An elastic band will be put around your toe to stop any bleeding.



The podiatrist will remove the toenail.



A liquid will be put on the nailbed to stop it growing back.



Your toe will be wrapped in a dressing.

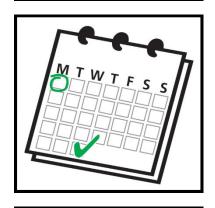
This is what happens after your toenail surgery...



Leave your dressing on.



Keep your foot dry.



It will take between 4 - 8 weeks to heal.



Do not play sports until it is healed.



The podiatrist will review it regularly.



## **Service Contact Information**

If you need to speak to someone about this leaflet, you can:

## Call:

0113 8430730

## **Email:**

<u>leedscommunitypodiatry@nhs.net</u>



If you want to give feedback to someone outside the service, you can speak to the **Patient Experience**Team.

Call 0113 220 8585

Email Ich.pet@nhs.net



We might ask you a few questions and keep a record of your personal details.

We may share your information with other services. We will ask you before we do this, as per the Data Protection Act 1998.