

West Yorkshire & Harrogate Joint Committee of Clinical Commissioning Groups

Summary report				
Date of meeting: 6th April 2021		Agenda item: 18/21		
Report title:		West Yorkshire and Harrogate Healthy Hearts		
		project delivery timescales		
Joint Committee sponsor:		Dr Steve Ollerton (NHS Kirklees CCG)		
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Presenters:		Dr Steve Ollerton		
Purpose of report: (why is this being brought to the Committee?)				
Decision	✓	Comment		
Assurance		For Information		
Evocutivo cummary				

Executive summary

The purpose of this paper is to recommend to the Joint Committee of CCGs that it supports the extension of the current delivery timescales for the West Yorkshire and Harrogate Healthy Hearts Project.

Delivery of the WYH Healthy Hearts Project is due to end as of 31 March 2021, however due to the impact of the COVID-19 pandemic phase three of the project has experienced significant delays, meaning it would not be possible to fully implement this aspect of the project.

It is therefore proposed that the delivery timeframe is extended by a further 12 months to support full implementation and benefits realisation.

Recommendations and next steps

The Joint Committee of CCGs is asked to:

- a) Review and approve the extension of the WYH Healthy Hearts project by a further 12 months until 31 March 2022 to support the implementation of phases two and three of the Healthy Hearts project.
- b) Approve the use of £80,000 of membership fees to enable full delivery.

Delivering outcomes

Health and Wellbeing: Decrease in deaths, decrease in heart attacks and strokes

Care and Quality: Increase the number of people with, or at risk of developing, conditions affecting their heart or blood vessels, and diabetes receiving beneficial interventions

Finance and Efficiency: Decrease the amount of resources spent on conditions affecting the heart or blood vessels and diabetes

Impact assessment	
Clinical outcomes:	As Health and Wellbeing above
Public involvement:	Not applicable
Finance:	See section 4
Risk:	Should the Joint Committee of CCGs not approve the extension of the delivery timescales the full benefits of the programme will not be realised due to failure to deliver all elements of the project – mainly phase 3 Diabetes
Conflicts of interest:	None

1. Introduction

1.1. The purpose of this report is to update the Joint Committee of CCGs on the implementation of the West Yorkshire and Harrogate Healthy Hearts project to date and seek agreement to extend its current delivery timescales to ensure full project delivery and benefits realisation.

2. Overview of delivery to date

- 2.1. The West Yorkshire and Harrogate Healthy Hearts Project was supported by the Joint Committee of CCGs meeting of 5 June 2018, which recommended that the WY&H CCGs be part of the Healthy Hearts project to reduce Cardiovascular incidents across the region.
- 2.2. This supported the West Yorkshire and Harrogate Health and Care Partnership's (WY&H HCP) plan which included a target to 'Reduce the number of people experiencing a CVD incident (such as a heart attack or stroke) by 10% across the area by 2021.' If this target were met, there would be over 1,100 fewer of these incidents by 2021.
- 2.3. The project is being delivered in three phases:
 - 1) **Hypertension** aiming to increase the detection of 18,000 more people with undiagnosed hypertension and support 40,000 who have already been diagnosed who will benefit from simple improvements to their existing medication.
 - 2) **Cholesterol** aiming to identify and treat at least 9,000 patients who have a high risk of CVD and not on statin medication.
 - 3) **Diabetes** aiming to identify and help at least 4,000 patients better manage their HbA1c levels.
- 2.4. Phase one is live and being implemented within each of the CCGs in West Yorkshire and Harrogate Health and Care Partnership. Data indicates that more than 10,000 additional patients have been added to the hypertension register and nearly 17,500 additional patients are having their blood pressure controlled to 140/90 or better.
- 2.5. Phase two was due to go live in October 2019, however at the meeting of the Joint Committee of CCGs on 1 October 2019 it was agreed that this timescale could be extended to April 2020, based on the feedback from the place-based clinical leads. Following this agreement, a soft launch of phase two has been underway. However, the COVID-19 pandemic has impacted on the ability to undertake a more formal launch of phase two in April 2020, as frontline Primary Care services have been under significant pressure.
- 2.6. Despite the pressures there has been some positive progress, with latest data showing the 2,500 patients whose cholesterol was not controlled have had a switch of statin to a high intensity statin and 2,000 patients have been started on a statin in those at risk of CVD.

- 2.7. It was further agreed at the Joint Committee of CCGs meeting held on 1 October 2019 that the timescales for phase three would be amended to allow clinicians sufficient time to implement and embed the three phases of the project. It was therefore agreed implementation of phase three would commence between the period of April 2020 to October 2020.
- 2.8. Due to the unprecedented pressures the COVID-19 pandemic has placed on front line services, it was agreed via the AHSNs routine discussion with West Yorkshire and Harrogate HCP that delivery of Healthy Hearts would be scaled back and would focus on activities which would not impact the front line. This included work to update the WYH Healthy Hearts website and continued presence on Social Media.
- 2.9. Work has progressed on phase three including the development of treatment guidance and supporting clinical information, along with clinical searches. This treatment guidance is presented for approval at this meeting.

3. Proposal

- 3.1. In light of the challenges outlined above, it is proposed that the delivery timescales for the West Yorkshire and Harrogate Healthy Hearts project are extended, for a further year until 31 March 2022.
- 3.2. This will allow for full delivery of the three phases of the project by enabling sufficient time for the phase 3, diabetes treatment guidance, clinical searches and associated supporting documentation to be finalised and approved via the WYH HCP governance process.
- 3.3. Furthermore, extension of the timelines would allow further work to be undertaken at the appropriate time to support clinicians to fully embed and implement the phase two cholesterol guidance. Further supporting benefits realisation of the project.
- 3.4. Nationally through the Long Term Plan, CVD continues to be a priority area and the WYH Healthy Hearts project aligns with supporting CCGs and the WYH HCP to make progress against the national CVD priorities. An extension of 12 months would allow for continued data collection through the WYH Healthy Hearts dashboard allowing CCGs and WYH HCP to continue to see their progress.

4. Financial Impact

- 4.1. The WYH Healthy Hearts project is funded via the AHSN membership fees contribution. Whilst delivery during 2020/21 has been scaled back in light of the COVID-19 pandemic some costs have still been incurred. Therefore, the full allocated healthy hearts budget for 2020/21 would not be available to roll over in to 2021/22.
- 4.2. It is anticipated that circa £180,000 would be available to roll over in to 2021/22 subject to confirmation of the final end of year position by the YH AHSN finance department.

4.3. It is proposed that a further £80,000 would be required from the 2021/22 membership fees to enable full delivery. This includes additional costs to cover the salary for the Clinical Lead which has been previously paid directly by WYH HCP and will now come from the WYH Healthy Hearts budget. Continued production of the WYH Healthy Hearts dashboard including development of the phase three diabetes data set. As well as continued staff pay costs to support delivery including the programme manager and dedicated communications and engagement manager post.

5. Recommendation

- 5.1. The Joint Committee of CCGs is asked to:
 - a) Review and approve the extension of the WYH Healthy Hearts project by a further 12 months until 31 March 2022 to support the implementation of phases two and three of the Healthy Hearts project.
 - b) Approve the use of £80,000 of membership fees to enable full delivery.