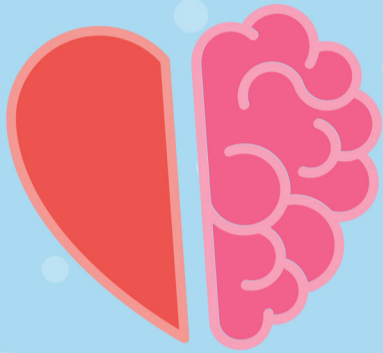


**TOGETHER  
WE CAN**

*choose well*



# Stay well this winter



**We can all play our part to help ourselves  
and others stay well this winter.**

For self-care tips and more  
information on local services  
visit [togetherwe-can.com](https://togetherwe-can.com)

West Yorkshire  
Health and Care Partnership

