

West Yorkshire Integrated Care Board (WY ICB)					
<b>Policy</b>	<b>Reversal of Vasectomy and Female Sterilisation</b>			<b>ICB Ref</b>	Planned care
<b>First Issue Date</b>	To be confirmed	<b>Current version:</b>	1	<b>Last reviewed:</b>	December 2021
<b>Review date</b>	To be confirmed	<b>Contact</b>	West Yorkshire Health and Care Partnership (WY ICB) <a href="mailto:wyhcp.plannedcare@nhs.net">wyhcp.plannedcare@nhs.net</a>		
<b>Clinical Reviewer</b>	WY ICB	<b>Approved by</b>	WY ICB		
<b>Policy exclusions</b>					
<ul style="list-style-type: none"> <li>• Surgery for the reversal of a vasectomy or female sterilisation is not routinely commissioned by the ICB.</li> <li>• Funding is not agreed for these procedures for patients who are in a new relationship or who are not in contact with children from a previous relationship. The ICB reserve the right to decline funding where either partner has living children (this includes adopted children but not fostered) from that or any previous relationship.</li> </ul>					
<b>Policy inclusion criteria</b>					
<p>Cases may be considered on an exceptional basis, for example:</p> <ul style="list-style-type: none"> <li>• The death of an existing child through accidents or illness.</li> <li>• There is clear evidence (over and above the patient's assertion) that the original operation had been performed under duress e.g. cases when the patient was very young when the procedure was carried out and evidence from the referring clinician shows that they did not receive any counselling.</li> </ul> <p><b>Lifestyle Factors - Best Practice (This is not a restriction to this policy unless otherwise stated).</b></p> <ul style="list-style-type: none"> <li>• <b>Obesity</b> - Patients with a body mass index (BMI) greater than 30 kg/m<sup>2</sup> should be encouraged by their clinician to lose weight prior to surgery and signposted to appropriate support to address lifestyle factors that would improve their fitness for surgery and recovery afterwards. There is a clinical balance between risk of surgical complications with obesity and the risk to delaying any surgery.</li> <li>• <b>Smoking</b> - In line with 'Healthy Lives, Healthy People; a tobacco control plan for England', local authorities and health professionals are committed to encourage more smokers to quit. Smoking remains the leading cause of preventable morbidity and premature death in England. There is sufficient evidence to suggest that people who smoke have a considerably increased risk of intra- and post-operative complications such as chest infections, lung disorders, wound complications and impaired healing.</li> </ul>					

<b>Summary of evidence / Rationale</b>	
<b>Reference</b>	<ol style="list-style-type: none"><li>1. <a href="http://www.nhs.uk">Can I get a sterilisation reversal on the NHS? - NHS (www.nhs.uk)</a></li><li>2. <a href="http://www.nhs.uk">Can I get a vasectomy reversed? - NHS (www.nhs.uk)</a></li></ol>