



Newsletter

06 September 2024

Welcome to the Power of Communities newsletter. Our [Power of Communities Programme](#) works with the voluntary, community and social enterprise sectors (VCSE), acting as a catalyst for change, facilitating new opportunities for VCSE organisations to better engage in shaping services and decision making, and challenging the ways we work in health and care to ensure greater inclusivity and accessibility in commissioning and service provision within the West Yorkshire Health and Care Partnership.

If you have a question or comments about anything included in this newsletter, please get in touch with the team via email: wyicb-wak.hpoc.program@nhs.net

Hearing the voice of the VCSE Sector and training offers

In this section we have a list of surveys, information requests or workshops that are happening across the West Yorkshire Health and Care Partnership and we want to ensure the voice of the VCSE sector and communities you support are fully represented



Beyond Hate: An Arts and Culture Response to Recent Racist and Islamophobic riots in England

Date: Mon 09 Sept, 1:30-3pm

To sign up go to www.the-leap.org.uk/all-events/beyond-hate-event

In the past few weeks England has grappled with a significant rise in far-right extremism, racist violence, anti-immigration fervour, and Islamophobic attacks. "Beyond Hate" is designed to take stock of the existing responses from the arts sector, while also pushing the boundaries of what can be achieved through collective action and creativity. We invite you to join us in this critical exploration, as we collectively navigate the challenges and reaffirm the arts as a vital force for change in the face of adversity.

Events will be held online, with attendance in person available in Bradford and Middlesbrough. We look forward to welcoming wherever you are in the country.



Get free Mental Health First Aider and Cultural Competence Training with a focus on Inclusion

Free Mental Health First Aid and Cultural Competence Training West Yorkshire



Funded by West Yorkshire Wellbeing Hub

Day 1-Friday 6th Sept 1230-430

Day 2-Monday 9th Sept 9-5

Day 3-Monday 16th Sept 9-430

Where: Voluntary Action Leeds

Stringer House, 34 Lupton St, Hunslet, Leeds LS10 2QW



To apply use the Qr code to fill in your application



World Suicide Prevention Day
#StartTheConversation



GRASSROOTS
SUICIDE PREVENTION



Webinar: Working Together to Change the Narrative on Suicide

Date: 10 Sept 2024, 12-1pm (online)

[Click here to find out more and sign up via Eventbrite](#)

The theme for World Suicide Prevention Day 2024 is 'Changing the Narrative on Suicide' and our call to action is to 'Start the Conversation'. This webinar is aimed at starting the conversation around suicidal ideation with groups who often fall through the net of care, focussing on the at-risk communities of ex-offenders, women and people with autism.

Join us at our webinar and listen to a range of speakers providing a social response to suicidal behaviour covering:

- Findings from NHS funded Suicide Prevention Programme
- An introduction to Grassroots Suicide Prevention's Women's Suicide Prevention Hub
- Partnership working and a community approach to suicide prevention

- A journey with autism and suicidal ideation

Online Session: Putting Participation into Action – Supporting greater use of co-production approaches across Integrated Care Systems

Date: Tues 10 Sept, 10-12 (via Microsoft Teams)

To join the session, please email

wycib.wycommsand.involvement@nhs.net for a diary invite



Over the past year, the [New Citizen Project](#) (supported by the NHS West Yorkshire Integrated Care Board's VCSE Strategic Alliance - [Power of Communities](#)) worked with five health and care teams across West Yorkshire, in partnership with the West Yorkshire Health and Care Partnership, NHS Leadership Academy North East & Yorkshire and NHS England, *exploring what it takes for an Integrated Care Board and the wider Integrated Care System to support and enable greater use of co-production approaches*. Through a series of workshops, individual and peer coaching, teams were equipped with a range of tools and methodologies, enabling them to apply participatory approaches to a range of projects - from service redesign, to capital investments, to reducing health inequities - pooling learning and supporting each other along the way.

The resulting report, ***Putting Participation into Action***, is available at:

www.newcitizenproject.com/participation-into-action. To coincide with the report, *hosted by the West Yorkshire Health and Care Partnership, New Citizen Project will have an online session open nationally to anyone working in the health and care system to share their collective learning on what people working across health and care need in order to adopt more participatory approaches including barriers and practical recommendations for how systems, and their leaders, can further support colleagues to work in partnership with people and communities, by developing:*

- **Understanding:** of what co-production is (and isn't), and its value.
- **Confidence:** in what it looks like and the tools and practices that can support it.
- **Capacity:** having the necessary time, resources, skills and mindsets.
- **Commitment:** feeling encouraged, supported and accountable to do it.

"As our work with New Citizen Project shows, co-production is not easy, and the key is people. Building on our [West Yorkshire Co-Production Principles](#), we will explore the practical steps outlined in this report so our people, staff and volunteers can feel empowered to take a step further on their journey of co-production." -

Ian Holmes, Director for Strategy & Partnerships / Deputy Chief Executive, NHS West Yorkshire Integrated Care Board

"This report gives a blueprint for others who are at the start of their [co-production] journey. I commend this report and see it as essential reading for systems looking to shift their own paradigms and use every asset they have to deliver equitable, improved outcomes for its people and communities." - ***Paul Gavin, Joint Deputy Director, Equalities & Involvement, People & Communities, NHS England***

To attend the online session on Tues 10 Sept, 10-12 – please email wycib.wycommsand.involvement@nhs.net for a Microsoft Teams diary invite.

NHS England's Acute Frailty Community of Practice

Date: Tues 17 September, 11:30-12:30 (via Microsoft Teams)

No sign up needed – [Click here to join on the day](#)

NHS England have set up a national community of practice forum to support improve and deliver Acute Frailty Services open to all health and care partners.

The next session is going to focus on the interface with voluntary services and we are excited that Age UK will be joining us on the session.

There is no need to register, simply add the link above to your diary.



Exploring the Impact of Racial Trauma: The Foundation

West Yorkshire
Health and Care Partnership
Mental Health and Wellbeing Hub

Dates: 17 Sept 2024, 09:30-16:30 at New Mill Victoria Rd, Saltaire, Shipley BD18 3LD
20 Sept 2024, 09:30-16:30 at Scorex House, 1 Commercial Street, BD1 4AS

Email wylhubstaffsupport@bdct.nhs.uk to sign up

The West Yorkshire Mental Health and Wellbeing Hub supports staff and volunteers who are experiencing difficulties with their wellbeing at work. To provide further support, we are offering one off training sessions to staff and volunteers within West Yorkshire (NHS, local authorities and VCSE).

The training will be on racial trauma as we recognise this still exists today and can negatively impact a person's wellbeing. The training aims to develop your understanding of what racial trauma is and the impact this can have on individuals.

In order to support people who are affected by this, it is important to develop our understanding on racial trauma and the impact it may have had on ourselves. Witness people who are affected by racial trauma may have had an impact on you and may bring up difficult emotions.

The training highlights that there is not a 'right' way of reacting to racial trauma, but the first step is recognising it and learning about it – and in doing so be empowered to deal with racial trauma where you work. It will cover topics such as the importance of language, intersectionality, micro/macro-aggressions, racial trauma in the workplace and lived experience.

The session will be delivered by Carlyn Boyce (Clinical Lead) and trained assistant psychologists.



Exploring the Impact
of Racial Trauma The

Individual Coaching Skills Training

Dates: 18th, 25th September 2nd, 9th October 9.15-12.30

Please email wycib-bdc.wyh.mentalwellbeinghub@nhs.net

With: Name, contact details, organisation and which course you are interested in.

Our sessions are open to all staff and volunteers and are designed to help participants improve their use of coaching skills in everyday conversations that matter.

Growing evidence suggests effective coaching skills contribute to personal well-being, innovation, care outcomes, teamworking and leadership effectiveness. In health and care it can enable more person-centred approaches that create ownership, engagement and meaningful accomplishment.

We know that currently the voluntary sector and staff from minority ethnic communities or global majority communities are underrepresented within coaching. We are particularly keen to receive applications from individuals that come from these sectors and backgrounds. As far as possible we plan to dedicate at least one learning cohort to be exclusively for people from a minority ethnic community for those that want a dedicated learning space. All other cohorts will be open to all. On enrolment, if you are from a minority ethnic background, please state your preference and we will try to accommodate your preference.

Courses are on a first come basis and popular so please sign up as soon as possible

Livin' La Vida Local: Wakefield District's Community Anchor Network Conference 2024

Date: Weds 18 Sept, 09:30am-1pm

Venue: St Catherine's Community Centre, Wakefield

[Click here to find out more and sign up](#)



The Community Anchor Network (CAN) invites you join them on Wednesday 18 September to:

- **Celebrate the work of CAN** to enable community-based organisations to be the best they can be
- **Reflect on the significant redevelopment of CAN** and what this looks like
- **Look to the future of CAN** as an integral part of the system to reduce health inequalities and empower residents in finding support for themselves

Community Anchors are trusted organisations that meet the needs of their local community, delivering activities, services and a host base for other groups and services such as a credit union and Citizens Advice. This means that local residents can easily access all sorts of support in one place – from tackling money concerns to finding friendship – and build confidence to continue this independently.

Carbon Literacy Training

We are pleased to continue to offer FREE Carbon Literacy training to anyone within West Yorkshire Health and Care Partnership. Before attending you'll need to complete [three hours of self-directed learning available on the NHS e-learning for healthcare hub](#). If you do not have an NHS email address, [please get in touch](#).

Find out more about Carbon Literacy and Greener NHS via the [NHS e-learning for healthcare hub](#). Once you've completed the e-learning you can take part in a 3-hour MS Teams workshop focusing on actions that you can implement as well as learn from others. Click the links below to send an email to your trainer:

- [16 September](#) 9:30 till 12:30
 - [14 November](#) 1 till 4
-

Online Peer Support Group Sessions for Mental Health First Aiders, Staff Peer Practitioners, CrISSP Peer Practitioners & Wellbeing Champions

Date: 24 Sept, 3.30-4.30 pm

This peer support group was created by the West Yorkshire Mental Health and Wellbeing Hub for people who have been trained as mental health first aiders, wellbeing champions, and CrISSP practitioners. It's a non-judgmental space to share key learnings from our training and support each other in applying what we've learned and is open to anyone from the VCSE, health and care sectors across West Yorkshire.

Before you register, please complete this [questionnaire](#).

Register your interest to join by emailing: wycib-bdc.wyh.mentalwellbeinghub@nhs.net.

West Yorkshire Personalised Care's Community of Practice: Caring for a patient with complex issues

Date: 24 Oct, 2-4pm (Online)

Click here to register by Fri 27 Sept, midday: <https://forms.office.com/e/cewFStTanX?origin=lprLink>

We are excited to invite you to our next Community of Practice (CoP), which will focus on caring for patients with complex needs, including those who are terminally ill, vulnerable (such as the homeless), or involved with the criminal justice system. This CoP is a fantastic opportunity to:

- Discuss and share strategies for supporting your patients.
- Learn from the experiences of others.
- Reflect on your own wellbeing and self-care practices.

To register for this event, please complete the registration form and short questionnaire. Can all questionnaires be returned by mid-day Fri 27 Sept.

Online Lunch and Learn Session – Amplifying Survivor Voices

Date: Thurs 30 Sept, 12-1pm (via MS Teams)

[Click here to sign up via Eventbrite](#)

Join RASAC Therapeutic Team to find out more about this important research, funded by NHSE



In the UK, more than 1 in 4 adult women, 1 in 18 adult men and 1 in 6 children have experienced rape or sexual abuse (ONS, 2023 and NSPCC 2011). These figures, however, likely underestimate the true extent of rape and sexual abuse in the UK, as many survivors do not disclose their experiences.

This RASAC study explores the experiences and perspectives of adult survivors of rape and sexual abuse in West Yorkshire who are living with complex trauma-related mental health needs and the insights of the professionals dedicated to supporting them. The session will highlight some critical areas for improvement in both statutory and VCSE support services and professional attitudes within our community.

This lunch and learn session will be relevant to anyone working in statutory services or the VCSE sector across West Yorkshire.

Have your say on the Mass Transit Phase One: Route options consultation survey

[Click here to find out more and complete the survey](#)



Even with all the improvements we have planned for our trains, buses, walking and cycling routes, we still won't have completed the transport network our region wants, needs and deserves. Not without the addition of something new, ambitious and transformative. That's why we're exploring Mass Transit options: new forms of transport, not currently used in West Yorkshire, that could transform our public transport network and make it even more accessible for everyone.

Our aim is to eventually connect the whole of West Yorkshire, but for phase one we are proposing two lines: The Leeds Line and the Bradford Line. During this consultation, we are asking for your feedback on route options for both lines. **Until 30 Sept, we want to hear your feedback on three things:**

- Which one of our potential routes for a tram line from Bradford to Leeds you support.
- Which one of our potential routes for a tram line across Leeds you support.
- Our proposals for how we will deliver a Mass Transit network whilst balancing the long-term needs of the environment, society, and the economy – what we call our sustainability strategy.

Have your say by completing [our survey](#)

If you would like some to come and talk to your organisation/community group about Mass Transit Phase One, please get in touch via masstransit@westyorks-ca.gov.uk

Good conversations training Free webinar for the VCSE workforce

Various dates between Sept-Dec 2024

[Click here to find out more and sign up](#)



Build the confidence, knowledge and skills required to 'Make Every Contact Count' (MECC) and to support people to take better care of their health and wellbeing. These sessions will:

- Enable you to reflect on and share opportunistic conversations
- Reflect on what you do well, what skills make for a good conversation, and challenges / opportunities
- Review skills like being person-centred; collaborative; using open questions, active listening, focussing on strengths, and helpful summaries; and working within the 3As model (Ask-Advise-Assist)
- Introduce resources that support good conversations, including basic advice and signposting
- With its strong emphasis on core communication skills, the course also provides excellent foundation-level training for staff who plan to engage the health of their community.

Courses are online, highly interactive and last 1.5 hours. You can find the dates, timings and registration links to all webinars here:

[Good conversations training – Free webinar for the VCSE workforce \(yphphnetwork.co.uk\)](#)

#TellTracy about Policing and Crime

Consultation on the new Police and Crime Plan has now begun and will run until **Oct 2024**. We want to ensure that as many people and organisations as possible are able to provide feedback during this consultation, so we have a range of different ways your organisation can be involved and share

your views with us, either online, in person, at events, or over the phone.



You can find more information about the consultation and how we can engage with you on our website [here](#).



Health Anchors Learning Network: Anchor Exchange Connect and Learn Open Sessions

At the [Health Anchors Learning Network](#) (HALN), we support people to reduce inequalities and improve health outcomes by becoming effective anchor organisations. As a learning network, we know how important it is to provide spaces for people to come together, share ideas and collectively problem solve to support anchor practice. That's why we are hosting a new peer learning opportunity - join us for an upcoming 'Anchor Exchange' session. Offering a space for reflection, peer learning and discussion, these sessions are designed to support HALN participants to explore common themes, share ideas and overcome challenges in their work in creating effective anchor organisations.

These sessions are free to join, and open to anyone who is interested in or working to develop the impact of their anchor organisation.

Sign up today by clicking the links below!

- [Wednesday, 9 October 2024, 12.30 – 1:30pm](#)
- [Monday, 25 November 2024, 12.30 – 1:30pm](#)
- [Wednesday, 8 January 2025, 12.30 – 1:30pm](#)

Office for Health Improvement and Disparities' North East and Yorkshire Menopause Webinars



Office for Health
Improvement
& Disparities

Menopause marks the end of reproductive years for women/people who menstruate, affecting half of the population. In the call for evidence for the [Women's Health Strategy](#) menopause was the third most selected topic for including in the strategy and it identifies a number of ambitions for the 10-year timeframe including education from an early age for girls and boys to increase understanding and reduce stigma, high quality personalised menopause care with better understanding of the symptoms and treatment options among healthcare professionals, and improved support to remain in the workforce.

We are holding a free two-part webinar series which is part of the work of OHID North East and Yorkshire and partners from the NHS, voluntary and community sector and academia. We aim to build knowledge, understanding and confidence about menopause and showcase examples of good practice from the North and beyond.

Webinar 1 (Weds 16 Oct, 10:30 - 12:00)

The first webinar will provide an introduction to the clinical aspects of menopause including a case study of how somebody may interact with the health system and recommendations for improvement. We'll hear from two local examples of community-based approaches to supporting people through menopause and finish with a panel discussion including menopause champions and people with lived experience. Please book your place [here](#)

Webinar 2 (Weds 23 Oct, 10:30 - 12:00)

Webinar 2 will focus on menopause in the workplace. We'll hear about positive approaches in different workplaces, legal routes for challenging menopause-related discrimination and the role of informal menopause networks. Please book your place [here](#).

Funding opportunities for VCSE Sector

In this section we have a list of funding opportunities available via the West Yorkshire Health and Care Partnership and wider



WISHH Community Partnership Small Grants for Shipley, Windhill & Wrose, Baildon or Idle and Thackley

Closing date: 30 September

Contact for more information & an application pack: Macarena Yunge (macarena.yg@haleproject.org.uk)

The WISHH Community Partnership have recently opened their latest small grants funding round. They have £20,000 to allocate in grants of a minimum of £500.

They are looking for projects based or operating in Shipley, Windhill & Wrose, Baildon or Idle and Thackley that align with their priorities to tackle and reduce health inequalities. These priorities are:

- *resilience and recovery within our communities* (more specifically, promoting kind and friendly communities, attracting and retaining volunteers and reducing social isolation in young adults)
- *reducing and preventing cardiovascular and respiratory conditions* (promoting a healthy lifestyle – physical activity, healthy eating, weight management, etc.).

Please contact Macarena Yunge (macarena.yg@haleproject.org.uk)

Do you have a great idea for a project that could support people's health and wellbeing?

Are you based or operating in Shipley, Windhill & Wrose, Baildon or Idle & Thackley?

Does your work align with our priorities to tackle and reduce health inequalities?

- 1) Projects that work on **resilience and recovery within our communities**, especially promoting **kind and friendly communities**, attracting and retaining volunteers and reducing social isolation in young adults.**
- 2) Projects that contribute to **reducing cardiovascular and respiratory conditions**, promoting a healthy lifestyle - physical activity, healthy eating, weight management, etc.**

The WISHH Community Partnership has £20,000 to allocate as small grants for a minimum of **£500**. The deadline to apply is **September 30th**.

Please get in touch with us to find out more and get an application pack:

Macarena Yunge
macarena.yg@haleproject.org.uk
07903 908665

Immersive Arts: A New 3-Year UK Wide Programme offering grants of £5k, £20k and £50k - open to applications soon!

To find out more, go to <https://www.watershed.co.uk/about-immersive-arts>

We will be awarding £3.6 million in grant funding to artists based in the UK between 2024 and 2027. This will be made available through 3 rounds of funding opening in October 2024, Spring 2025 and Spring 2026, each round will be open to applications for 2 months. With the aim to fund over 200 artists.

Artists can apply for funding in one of the three strands: Explore, Experiment and Expand. We have designed the funding to focus on the areas where support is most needed. Applicants are invited to apply for the full amount of money available in each strand, rather than partial amounts. We aim to make the application process as accessible as possible, allowing submissions via text, audio, or video.

Explore (£5,000):

- **Purpose:** To support early stage creative exploration with immersive technologies.
- **Details:** Ideal for individuals, small groups or organisations (10 employees or fewer) with limited or no experience in immersive arts. This funding will support you in trying new technologies, experiencing work, or meeting potential collaborators. You will not be expected to make a piece of work, but we will ask you to share your learning in a light touch way. You will also get support from Immersive Arts Producers to connect with a wider network.

Experiment (£20,000):

- **Purpose:** To support the creation of experimental immersive artwork or prototypes that can be tested with small audiences.
- **Details:** For individuals, micro-entities or small organisations (10 employees or fewer) to get ideas off the ground and into development and testing phases. You will also join our Development Labs run by Crossover Labs, with workshops specifically designed to support you in the development of your ideas.

Expand (£50,000):

- **Purpose:** To provide support to significantly advance prototypes or existing work towards presentation to audiences.
- **Details:** For individuals, collaborations, micro-entities, or small organisations (50 employees or fewer) looking to advance existing projects to their next stage for development, testing or presentation. You will receive personalised support and mentoring through Crossover Labs and the wider partnership.

Full details on the application process will be announced later in September before the application portal opens at the beginning of October.

In the meantime please join us at one of the free [Information Webinars and Inspiration Days](#), which will be presented both online and in person across the UK, aim to help potential artists and creatives to decide which of the available funds they might apply for, to meet the team, and to ask any questions.

Vacancies

Join Healthwatch Wakefield as our new Chief Officer!

Closing date: Monday 16 September at 9.00 am

Salary: circa £45,000 per annum

Hours: 37.5 per week

Location: The Plex, 15 Margaret Street, WF1 2DQ

[Click here to find out more and how to apply](#)

Are you a visionary leader with a passion for transforming health and care services? Do you have the drive to make a real difference in your community? Healthwatch Wakefield is looking for a dynamic and ambitious Chief Officer to lead us into an exciting new era!



About us: At Healthwatch Wakefield, we champion the voices of people who use health and care services. As a charity and a registered company, we provide vital information, advice, and support, including NHS complaints advocacy. We actively involve local people in our work and decisions, collaborating with partners across the health and social care landscape to make sure everyone's voice is heard.

Why this role? This is not just any leadership role — it's a chance to shape the future of Healthwatch Wakefield. With a recently appointed Board of Trustees and a fresh organisational restructure, this new position is ripe with opportunities for innovation and growth. You'll have the freedom to make this role your own and lead a passionate, dedicated team towards impactful change.

So, what does this role involve? To lead the operational delivery and service impact of Healthwatch Wakefield, ensuring efficient operations, effective community engagement, and compliance with contractual obligations. This role involves leadership over various teams and functions, including engagement with volunteers, research projects, and advocacy.

What are we looking for in our new Chief Officer? Proven leadership experience, including the ability to manage, motivate, and develop a diverse team of professionals and volunteers. A strong track record in strategic planning, operational management, and ensuring service delivery aligns with organisational objectives. An excellent ability to engage with a wide range of stakeholders, including community members, NHS and social care providers, commissioners, and governance bodies, fostering collaborative relationships.

DaizyBell Homes CIO Housing Service Manager

Starting salary: £37,336 SPC 29 + annual enhancements

Contract: permanent

Hours: 35 hours per week, (evening and occasional weekend work)

Location: BRC&SASS offices in Bradford, with some remote working

Closing date: 03 Oct, 9am

[Click here to find out more and how to apply](#)

We would love to hear from you if you believe that every woman deserves a safe and decent home in which they can reach their full potential and if you have the knowledge, skills and experience to support the staff, CEO, Trustees and ultimately the women on their tenancy journey. We are especially keen to hear from high impact individuals that have the determination to make a significant and sustained contribution.

This role will manage residential properties, support vulnerable tenants escaping domestic and sexual violence and abuse to maintain tenancies and live independently and support and supervision to housing and DA service workers via case work review and performance management alongside providing day to day leadership.

